

Usability of Usable Security Guidelines from IT Professional Point of View

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Abstract

Balancing the security and usability has always been a challenge. Despite the importance of secure software, the security guidelines and standards are often too complicated, prone to error or time consuming. This non-equilibrium initiated the creation of the term usable security. For years it has been a common research problem. While the software should be developed with usability considerations of end users, security standards and guidelines used by IT professionals are not often given enough attention from the usability perspective. As the experts in the IT field are expected to have a higher level of knowledge, they often face very complex areas when trying to be compliant to particular security standard or follow specific guideline. This work presents the survey in the field of usable security, the aim of which was to evaluate the current awareness of the usable security across the people working in the software development. It discusses problems associated with the balance of the security and usability and devotes to design and implement an educational tool helping the newcomers in the IT field with making systems secure and usable. The aim is to introduce better understanding in certain areas of usable security, namely authentication, privacy, encryption and digital certificates.

Keywords: usable security, usability evaluation, authentication, encryption, digital certificates, privacy

Supplementary Material: [Results of the Study](#)

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1. Introduction

As the world is getting more connected, the need for secure and usable systems is increasing. Software vulnerabilities create huge risks of cyber crimes. Therefore, many organisations and institutes fight against malicious intent by creating security solutions, standards and guidelines which, if followed, provide the appropriate security level. Their importance is evident, however, more complex security solution does not necessarily lower the likelihood of the future attack. The centre of attention has been given to the security establishment and the most vulnerable part of the security supply chain, which is the human element, has not been given enough attention. The vulnerable factor can be the software architect creating a design, the developer implementing the system or end users performing security procedures not in appropriate way.

There are more and more security incidents due to insufficient usability of the software. Too complex decisions are often left in the hands of the end user. This issue has been the reason for creation of usable security field. Numerous recent incidents however showed that the cause can not only be end user but also software developers. Following different security standards or guidelines during the process of software development is more than crucial. The lack of usability can make even solid and robust standards prone to human error. Especially inexperienced programmers could benefit from direct help by using guidelines providing the basic advises for common problems.

When following a security guideline or complying to the specific security standard, there are factors that need to be considered. One of the most important ones are the amount of complexity, time consumption,

35 IT professional's knowledge or human convenience.
36 In many cases, IT professionals must be more con-
37 centrated, accurate and have a perfect memory when
38 completing their tasks. This highlights the need for not
39 only secure guidelines and standards but also usable
40 ones. The advancement of the security should come in
41 hand with the increased usability [1]. The term usable
42 security has been defined as security where the users
43 are well aware of what security tasks they have and
44 how to perform them. Nowadays, this definition can
45 be extended to the IT professionals having awareness
46 about appropriate security development. For example
47 a programmer building an authentication for a system
48 should not only satisfy the security requirements of
49 the system. The developer should also think about the
50 quality of a user's experience when interacting with
51 the system.

52 While there are many security standards for secure
53 development, the usability factor is not included in
54 them and is considered as a secondary concern [2]. No
55 existing standards provided by an institute for stan-
56 dardization process for usable security has been found.
57 There are several security standards focusing on secur-
58 ing the software. The most of the guides for secure
59 development focuses on the security perspective and
60 the usability is still not fully incorporated [3]. The at-
61 tempt of defining the guidelines for usable and secure
62 development proposed a set of design guidelines for
63 security management interfaces [4]. The paper focuses
64 mainly on designing user interfaces for end users. This
65 research's goal is to meet the challenges of providing
66 the administrators of current interfaces enough detail
67 without overwhelming them with too much informa-
68 tion. The outlined principles define what should be
69 done during the design phase of the interface by the IT
70 professionals. However the guidelines do not exactly
71 define how can they be addressed.

72 As the term usable security does not have such a
73 long history, there are still multiple challenges to face.
74 From the IT professionals perspective, the amount of
75 research is insufficient. Many research papers are de-
76 voted to studying the usability of security solutions
77 from users point of view. However, developers and
78 IT professionals are usually not provided with stan-
79 dards or guidelines to help them reach the adequate
80 level of security and usability. Several guidelines pro-
81 posed only in a form of research papers carry multiple
82 problems. They are often very general or not appli-
83 cable. Some of them are not really evaluated or hard
84 to use alongside with other security standards. As an
85 implication from the insufficient research within this
86 field, this work aims to speed up the process of gaining

awareness of the usable security solutions by creating 87
an educational aid. 88

89 Research in the area of usable security is lack-
90 ing the IT professional's perspective. Improving the
91 quality of usable security guidelines for architects, de-
92 velopers, testers and other people working in the de-
93 velopment can result in an overall improvement of
94 security. Many research papers showed that the devel-
95 opers are often a reason why the system has specific
96 vulnerability. Not having enough information a ade-
97 quate awareness can lead to poor security level of the
98 system. Increasing the usability of the guidelines of
99 IT professionals may result in increased usability of
100 the end user and can mitigate a risk of unknowingly
101 creating a vulnerability.

102 This paper introduces better understanding in spe-
103 cific areas of usable security, namely authentication,
104 encryption, privacy and digital certificates. It discusses
105 the problems associated with the balance of security
106 and usability. The paper carries out an survey based
107 on theoretical research of the existing standards, guide-
108 lines and different material related to the term usable
109 security. The results outlines the levels of IT profes-
110 sionals knowledge and awareness in this area. The
111 evaluation reveals the methods IT experts use and the
112 usability problems they face during developing secu-
113 rity solutions. The obtained survey evaluation results
114 are indicators of how usable current guidelines are, if
115 there are any used, and to suggest possible modifica-
116 tions.

2. Methodology 117

118 The methodology for selecting which existing materi-
119 als of usable security will be discussed followed the
120 specific process. The research was oriented to the over-
121 all understanding of the field and defined challenges
122 within the usable security. The process of specifying
123 which articles will be examined was as follows. The
124 first priority was searching for the keywords "usable
125 security", "usability and security", "usable and secure"
126 or "usability" and "security". The second priority has
127 been the publish date. The articles published after the
128 year 2017 were prioritized. The theoretical research
129 provided the basis for the user study. The evaluation of
130 the study of current awareness of IT professionals was
131 based on the predefined hypothesis. The participants'
132 answers were used to confirm or refute the defined
133 statements.

3. Defining the Term Usable Security 134

135 The term of usable security has been a target of dis-
136 cussion in many research papers [5, 6, 7]. While this

137 term had no formal definition, it can be described as
 138 a field focusing on both security and usability. Based
 139 on the basic principles of these two areas the goal of
 140 usable security is to satisfy the security goals with the
 141 effectiveness and efficiency. If the usable security is
 142 in place, the user should have minimal inconvenience
 143 with the system. It should be hard for the end user to
 144 create a security incident by using the target system. A
 145 different study describes the usable security as the sit-
 146 uation when the end people using particular software
 147 are aware of the security tasks and how to perform
 148 them [8]. The paper Usable Security Versus Secure
 149 Usability considers the aspects of security and usabil-
 150 ity and their competing characteristics [9]. It takes
 151 into account the ten characteristics defined in ISO/IEC
 152 25010 and analyse their mutual influence [10]. The
 153 paper analyses the security and usability from two per-
 154 spectives. The first one, *usable security* is within the
 155 paper defined as the method of how to develop func-
 156 tions secure access to the resources. An example is the
 157 CAPTCHA, that can not be properly discerned by the
 158 user, having an impact on the user, who then does not
 159 necessarily finish the procedure. The article highlights
 160 the need of taking this into account when developing
 161 the system. On the other hand *secure usability* has de-
 162 fined relationships with user interfaces with necessary
 163 level of security. An example for this approach would
 164 be a simpler Turing test, where the user has to only
 165 click on the check which is more usable for the users.
 166 However, there is higher likelihood that the security
 167 system will be passed by the software bot. This exam-
 168 ple represents an situation, where the usability came
 169 at the expense of security.

170 While the security area pursues the goal of ensur-
 171 ing the confidentiality, integrity non-repudiation, ac-
 172 countability and authenticity of information [10]. The
 173 usability area is officially defined by the ISO 9241-11
 174 as in following definition [11].

175 "The extent to which a product can be
 176 used by specified users to achieve spec-
 177 ified goals with effectiveness, efficiency,
 178 and satisfaction in a specified context of
 179 use."

180 According to the ISO/IEC 25 010 security and usability
 181 can be represented as a set of characteristics¹.

182 4. Existing Guidelines and Standards

183 While there are many security standards for secure
 184 development, the usability factor being considered as a
 185 secondary concern [2]. During the research no existing
 186 standards provided by an institute for standardization

Term	Characteristics
Security	confidentiality, integrity, non-repudiation, accountability, authenticity
Usability	appropriateness, recognizability, learnability, operability, user error protection, user interface aesthetics, accessibility accessibility

Table 1. Representation of Security and Usability According to ISO/IEC 25 010

187 process for usable security has been found. There are
 188 several security standards focusing on securing the
 189 software.

190 National Institute of Standards and Technology
 191 (NIST) conducted a research on usable cybersecurity
 192 [12]. Their goal is provide guidance for the profession-
 193 als creating policies, system engineers and security
 194 professionals. The guidelines should help to incor-
 195 porate usability into the security decisions, processes
 196 and products. Their focus is given to specific areas as
 197 authentication, encryption, cybersecurity adoption and
 198 awareness, Internet of Things, phishing, privacy and
 199 user perceptions and behaviours. Their website serves
 200 as a signpost to accessing different research papers in
 201 these areas.

202 Various models for measuring the software usabil-
 203 ity has been summarized in the research paper Us-
 204 ability Meanings and Interpretations in ISO Standards
 205 [13]. The focus of the research has been given to stan-
 206 dards ISO 9126 and ISO 9241. According to the study,
 207 experts and researchers have not yet agreed on the def-
 208 inition of the usability. An interesting outcome of the
 209 research is that while the professionals outside the stan-
 210 dardization process can have a relevant understanding
 211 of usability measures, the standards may confuse them,
 212 what could lead to a failure of using these measures.

213 The problems that the field of cybersecurity usabil-
 214 ity is facing has already been reviewed [14]. The
 215 research outlined an general usability design guide-
 216 lines. The paper proposed the list of guidelines that
 217 should be followed. However, the paper only proposed
 218 guidelines and did not evaluate their applicability to
 219 current security standards.

220 Hans-Joachim Hof presented guidelines to achieve
 221 the good security and usability in IT mechanisms [7].
 222 The created set of nine design guidelines aims to help
 223 the developers with software development. The guide-
 224 lines highlights following factors.

- 225 • Users should be able to use the system.
- 226 • Using the system with too many restrictions may

- 227 lead to the user trying to bypass the security
228 mechanism.
- 229 • The security mechanism should not interfere
230 with the user task at any time.
 - 231 • The efficiency of the system usage is also very
232 important.
 - 233 • If the user has to remember too many password
234 it is less usable. The users may prefer to use
235 existing account to authenticate.
 - 236 • The security measures should be preconfigured
237 on the system and the user should not face the
238 important security decisions.
 - 239 • The user feels secured when the system does not
240 ask too many security related questions.
 - 241 • The state off the system's security should be
242 always visible.
 - 243 • The system should predict that the user make
244 mistakes and in the case of the failure of the
245 security mechanism the software should guide
246 the user to successful reparation of the system.
 - 247 • The security mechanism should be consistent.

248 The research done as a master thesis by Markus
249 Lennartsson identified common factors affecting the
250 usability of security solutions [5]. The result of the thesis
251 is a hierarchical model of aspects of usable security
252 and their impact. The simplicity and time provided for
253 the security procedure, as aspects, showed a significant
254 impact of security.

255 The need of finding the trade off between the usability
256 and security has resulted in a lot of research
257 [15]. While many papers proposed different guidelines
258 helping to reduce the gaps between these two factors,
259 there are not fully applicable. Usable security guidelines
260 could be found mostly in the form of research
261 papers and they were often too general for the purpose
262 of being useful for newcomers in IT.

263 On one hand, there has been a good amount of
264 research done on the topic of usable security [16],
265 however the focus has mostly been given to the end
266 users and not to make things easier to the developer
267 or IT professional. Security solutions getting more
268 complex are creating a gap for further research of this
269 field from professionals perspective.

270 5. Authentication as a Challenge of Usable Security

271 The growing use of the Internet brought the need of
272 authentication of the user connected with many security
273 measures, security testing and secure coding
274 [17]. During the design, implementation and testing
275 of these measures, the focus has been given to satisfy
276 the security requirements. However, the data breaches

277 and other security incidents happen mainly because
278 of the misuse of these systems and procedures. This
279 introduces a big problem for developers to implement
280 a usable and security authentication.

281 The challenge in this authentication method is to
282 figure out the trade-off between the usability and the security
283 element [15]. Despite different efforts of the professionals
284 on replacing the text password, people are still used to
285 perform authentication through login and password [6].
286 Almost every service uses this method. The security and
287 usability of this typical method has a huge importance
288 from the perspective of possible data breach [18].
289

290 In recent years multi-factor authentication is becoming
291 the more and more popular [19]. As many organisations
292 are working with sensitive and personal information,
293 the need for secure and usable authentication grows.
294 A group of researches have done an experiment with one
295 hundred of users, where each user was obligated to use
296 to researcher's online banking to create a payment [19].
297 The actions of the users have been recorded. The users
298 were able to authentication using the secure device, card
299 reader and using their fingerprints. Users faces various
300 visible security design flaws and warning messages. Based
301 on their actions, the researchers were able to determine
302 that the authentication process is not sufficient to meet
303 the needs of end users. The research is working in progress
304 but it was already able to show the insufficiency of the
305 system's usability.
306

307 Biometric authentication has a big advantage to the
308 user [20]. The biometric information cannot be forgotten.
309 Despite multiple advantages of this method of authentication,
310 there can be usability and security issues. The conducted
311 survey resulted in a valuable result for the field of usable
312 security. One of the main usability problems was the slow
313 response of the system. For example slow face detection
314 when unlocking the smart phone. Another defined problem
315 was the lack of convenience. The example of inconvenience
316 could be aligning the device for successful recognition. The
317 important fact is that the usability factor was one of the
318 most important factors in users' decision making
319 to use or not to use the system.
320

321 6. Encryption as a Challenge of Usable Security

322 One of the challenges within the field of usable security
323 is the data encryption [2]. It is the most widely used
324 method for authentication and access control. As nowadays
325 personal and sensitive data are all the time being transferred
326 though the internet, the organisations

327 need to comply to the security standards in order to
328 secure their data. The requirements for data encryption
329 are increasing and the algorithms for encryption
330 are changing together with key lengths and key man-
331 agement. This can be affecting the usability of these
332 techniques.

333 The paper evaluating the usability of PGP 5.0 de-
334 fined the usability for security as four characteristics of
335 the software [8]. The security software is usable if the
336 users are aware of the tasks performed using the soft-
337 ware and the information how to do so. The users need
338 to feel comfortable working with the software and can
339 not make any errors that could harm the system's secu-
340 rity. The research focuses on the problematic proper-
341 ties of security as unmotivated users, who take security
342 as the secondary goal. A part of these properties rep-
343 resents also the abstraction property, where the author
344 highlights the fact that the security policies, usually
345 included in computer security management, are by
346 the developers taken for granted. These policies de-
347 fine the access to resources and should be considered
348 during software development. Another problems men-
349 tioned in the paper are the lack of feedback or security
350 awareness leading to high-cost mistakes. This study
351 takes into account the fact that human participation
352 in the security processes is considered as the weakest
353 link property. The conclusion showed the failure of
354 standard interface design. Two thirds of the people
355 educated in the email sending were not able to send it
356 correctly signed and encrypted. They showed the need
357 of creation and educational software to educate users
358 to be able to manage their security.

359 Recent research reviewed the users' attitudes tow-
360 ard disk and file encryption [21]. The result of the
361 researchers' survey showed the IT professionals aware-
362 ness of the encryption tools could be increased.

363 The analysis of email encryption from the usable
364 security perspective identified a room for improvement
365 [7]. The research paper on user-centric security dis-
366 cusses the usability factors in IT security. It claims that
367 if the security features on the system fail, for example
368 as email encryption, the error message should guide
369 the user to import the certification with the steps of
370 how to achieve it.

371 Hans Hof performed an analysis of the email en-
372 cryption based on his own guidelines for usable secu-
373 rity [7]. The process of encrypting of email commu-
374 nication is easy and there is not many complex tasks
375 for users. However, before the email communication
376 can be encrypted, the public keys has to be exchanged.
377 The users usually do not get guidance for this process.
378 The user often has to decide that certificates to trust.

7. Digital Certificates as a Challenge of Usable Security 379

When using web application, the system is using the
SSL for traffic encryption. Using the certificates al-
lows the users to send their data securely to the target
server. In order to do that, the user needs to have in-
stalled certificate authority that can verify the websites'
certificates. User can communicate only with the ones
that are accepted by the authority.

In case that the unverified website wants to com-
municate with the user, the browser usually shows an
error. This message can often be too complicated for
the user to understand which can lead into the user
adding the security exception.

Many vulnerabilities connected to SSL certificate
are caused by developers [22]. The major cause lies in
the API design and SSL libraries. Developers face low
level security details and often do not use the libraries
in correct way. The parameters may be misunderstood.
The recent study revealed that 83% of vulnerabilities
related to the SSL development are the result of the
misuse of the cryptographic APIs [23]. Often even
in case of fixing a bug the developers tend to create
different vulnerability. The usage of these libraries is
not usable. The security libraries should provide the IT
professionals efficient way to use them and try to avoid
them accidentally creating vulnerabilities.

There are well known usability problem of SSL cer-
tificates as non adequate warning messages in browsers
[24]. The studies introduced the challenge for creat-
ing a effective SSL warning messages which would
mitigate many software vulnerabilities.

8. Privacy as a Challenge of Usable Security 410

Data is very important for the businesses providing ser-
vices. That is why storing personal data by web mer-
chants is now very common [6]. The EU General Data
Protection Regulation (GDPR) defines many security
requirements for storing confidential data [25]. As
the organisations need to comply to the regulations,
they need to provide a clear and concise privacy policy.
This documents states how the users data are being col-
lected, processed and handled. Moreover, the policy
must include readable information whether the data
are confidential or shared with third parties.

One of the challenges in the usable security field
is related to privacy policies. The lack of usability
in the documents is a known problem [26]. The un-
structured text may lead to the misunderstanding of the
user and the uselessness of the statement. The paper

427 "Privacy Policy – "I agree"?! – Do alternatives to text-
 428 based policies increase the awareness of the users?"
 429 demonstrated the influence of policy structure to the
 430 awareness of the users. The other alternatives to the
 431 text-based format showed a significant increase.

432 9. Study of the Current State of IT Professionals' Awareness of Usable Security

433 The theoretical research provided the basis for the
 434 study. The survey has been designed in order to evaluate
 435 the current awareness of the usable security across
 436 the people in IT industry. The focus has been given
 437 to the IT professionals current awareness, their knowl-
 438 edge about guidelines, principles, methods and best
 439 practises. The participants were asked to fill the survey
 440 are working in different part of the process of IT devel-
 441 opment. Their current awareness and experience could
 442 result in qualitative feedback in terms of security and
 443 usability. The feedback from participants will built
 444 the base for the educational aid helping newcomers
 445 starting with IT development.

446 The theoretical research outlined a specific hypoth-
 447 esis which will be evaluated based on the results of the
 448 survey. The hypothesis is meant to examine IT profes-
 449 sionals' current awareness and is defined as follows.

- 450 • IT Professionals have heard the term usable security
 451 before. However, they are not well aware of
 452 the usable security standards and guidelines.

453 The scope of this study is limited to investigate the
 454 current state of usable security guidelines, principles
 455 and method from the IT professionals' point of view.
 456 Thus, the survey does not cover other fields of usable
 457 security where the impact is not dependent on the IT
 458 professionals.

459 10. Limitations of the Study of IT Professionals' Awareness of Usable Security

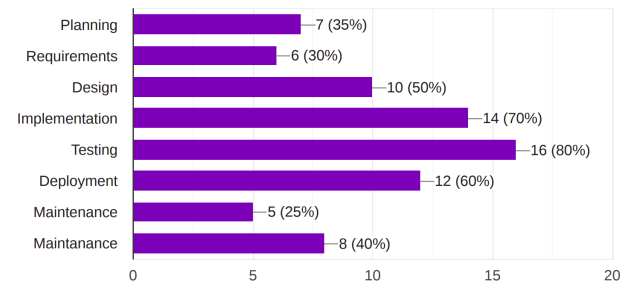
460 Due to the lack of prior research studies on the topic
 461 of usable security, it is possible that the survey will not
 462 clearly identify the gaps between the security and usability.
 463 Therefore, the survey is designed with the goal
 464 of identifying current awareness of IT professionals in
 465 the studied field. The primary goal is to examine, if
 466 people working in IT know how important is usability
 467 from the security point of view.

468 Another limitation of the research is the lack of
 469 access to the people. While the survey was meant to be
 470 performed as an interview, which tends to bring better
 471 results, the survey was carried out remotely using an
 472 online questionnaire. The survey was carried out in

the organisation, which provides numerous security 473
 solutions. 474

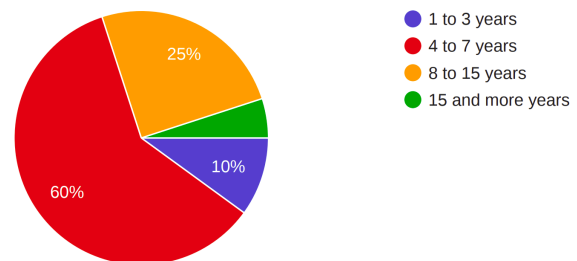
475 11. Evaluation of the Study of IT Professionals' Awareness of Usable Security

476 A total of 20 participants working in a certain phase of 476
 software development took part in the survey. Almost 477
 half of the participants work in the field of security. 478
 The figure 2 shows the phrases the professionals work 479
 in. 480



481 **Figure 1.** Distribution of software development
 482 phases participants work in

481 Professionals who participated in this survey have 481
 different experience in the IT industry. The following 482
 figure figured on table 2 shows the distribution of years 483
 of experience within the IT field. 484



485 **Figure 2.** Work experience in the IT industry

486 The first part of the questionnaire was devoted to 485
 the current awareness of security. Almost a half of 486
 participants have never heard the term usable security 487
 before. The figure 3 shows the percentage of partici- 488
 pant that have(yes) or have not(no) heard of this term. 489

490 Half of the participants confirmed that they are not 490
 given security criteria to be meet in their work when 491
 performing their tasks and 55% of the participants do 492
 not get the usability criteria in order to perform their 493
 task with respect to usability factor. 494

495 Only three of the participants defined that they use 495
 tools to increase usability. However, these tools only 496
 address specific areas of usable security. The OWASP 497
 has been mentioned as a guide to ensure usable security 498
 of web applications. 499

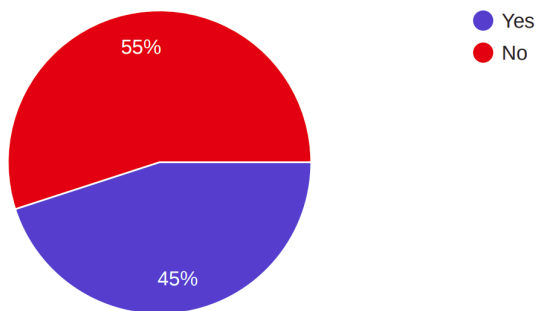


Figure 3. Awareness of the term usable security

500 One part of the survey was devoted to the methods
 501 IT professionals use to develop usable and secure soft-
 502 ware. The outcome of the survey showed that there is
 503 a lack of tools available.

504 An interesting result of the questionnaire is that
 505 more than half of the respondents see security and
 506 usability as competing factors. 60% of respondents
 507 consider security as a secondary concern.

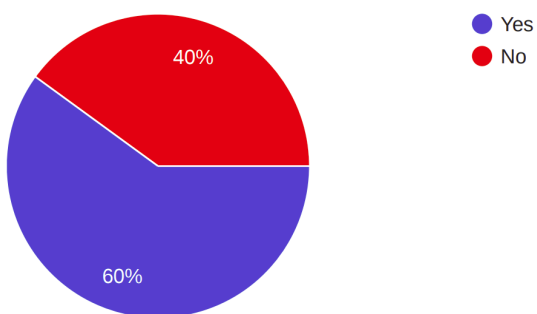


Figure 4. Security as a secondary concern

508 12. Conclusions

509 Poor usability and security is often considered as a big
 510 disadvantage of the computer systems. The theoretical
 511 research of existing standards, guidelines and princi-
 512 ples related to the area of usable security from the IT
 513 professionals perspective showed the lack of existing
 514 materials. While there are many security standards
 515 and guidelines for IT professionals, there is a lack of
 516 guidance for usable security. The general standards
 517 for software development from common institutes for
 518 standardization has a significant impact on the security.
 519 However, they are more focused on the security aspect
 520 and do not take the usability fully under consideration.

521 According to the research, human factor is consid-
 522 ered as the weakest link in the security processes. This
 523 highlights the need for making the security solutions
 524 more usable. Significant research focusing on the end
 525 users has been done in recent years. These papers

focus on ensuring the usable security of the security 526
 mechanisms they use. Providing the IT profession- 527
 als the appropriate guidance to create such a solution 528
 could increase the overall security. 529

Due to a insufficient amount of existing research, 530
 a study of usable security in form of a survey has been 531
 designed and carried out. This survey has been de- 532
 signed based on the basis provided by the theoretical 533
 research. The main focus is given to examination of 534
 current awareness of IT professionals and their knowl- 535
 edge of current standards, guidelines or methods. A 536
 study aims to distribute the participants demographi- 537
 cally, examine their awareness and find out about the 538
 standards, guidelines and different materials they use. 539

The evaluation of the study of IT professionals' 540
 current awareness confirmed the hypothesis that people 541
 working in IT are not aware of usable security or are 542
 aware of the term usable security, but they are not 543
 aware of any tools for this purpose. 544

The result of this paper is a carried out survey 545
 for IT professionals and the evaluation the current 546
 situation that indicates the form of guidance would 547
 increase the awareness of usable security within the 548
 professionals and what could help the newcomers from 549
 their beginning. 550

The future aim of this research is to speed up the 551
 process of gaining awareness of the usable security 552
 solutions and knowledge of how to do it. The creation 553
 of the education aid that would be explanatory to the 554
 newcomers in IT will ensure the achievement of this 555
 goal. The goal will be reached by creating an education 556
 and explanatory aid. 557

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